

# Farmers Market

CAPITAL REGION



A community project of The Rotary Club of Hall 

## 25 June 2016 - Proudly Authentic

### Manager's moment...

Good morning everyone and welcome to market day!!

The forecast for this week is great – after a chilly, sub zero start it will be sunshine all the way. I hope you all enjoyed the tale of rancher John last week, something a few of you can relate to? It was very opportune to have spare space in the newsletter for something a little more light hearted than usual, stay tuned for more.

**Stallholder update:** Julie Morris (Julie's Juice) will not be attending this week as she is unwell, John & Marion – Linfield Park are definitely finished now until November, the recent heavy rain wiped out their remaining corn crop. Ann – Cypress Valley is flooded in but has plenty of wine, John & Leslie – Inglebrae Meats and Daniel – Hillside Pastured Farm are also absentees today.

Next week will be a cooking demo as usual, thank you in advance to those of you who assist Ivonne and the team with produce.

That's it from me, have a good one – Adrienne ☺

### Are you able to help???

I received the following email during the week and I promised to place in the newsletter, if you are able/wish to contribute, please contact Gonzalo on his mobile.

Dear Adrienne,

I am a member of Puente Austral, a charity fundraising for rural schools in Argentina. <https://puenteaustralen.wordpress.com/>  
I am also a regular EPIC farmer market customer and today I obtained your contact information from the front desk.  
We are celebrating the 200 anniversary of Argentina independence and will run a small fundraising event in Canberra in late July. Our events are catered by volunteers cooking Argentinean food and also features performances from different local artists how donate their time.

We are looking for food donations to sell during the event. Do you know if any of the stallholders in the market would be able to help? Cheers, Gonzalo - 0428 773 966

### Thank you...

On behalf of the both myself and the other committee members I want to thank you all for the mammoth effort undertaken with electrical testing and tagging; I know it has been a pain in the proverbial, but with only a couple of items to check this week, I can confirm we are just about 100% compliant!! Well done everyone; give yourselves a huge pat on the back. Thank you also to George Andonaras who has been the on-site "tagger" making the process a lot easier and quicker for some of you.

### Rubbish...

Despite a notice appearing in the 2 previous newsletters, the bins are still being filled with cardboard boxes; may I remind you again please that as per the "Market Rules" you are required to attend to the following:

At the end of each market, stallholders are to clean up their stall site(s) and are to:

1. Empty (and then return) the organic waste bins provided
2. Remove all cardboard, crates, boxes, containers, paper

The red/yellow topped bins provided around the shed are for small, incidental rubbish items and cups/plates/bags & bottles etc. from the FRTE area. Most waste facilities have a recycling area to dump cardboard, there is one just down the road from EPIC @ Mitchell – Thank you!

### Death Cap Mushrooms...

A local ACT weekly magazine has issued a warning for Death Cap mushrooms due to the recent heavy rainfall. They usually grow near established Oak trees in late summer and autumn; all parts of the mushroom are poisonous and eating just one can be fatal, cooking does NOT make them safe to eat so beware!! It is extremely difficult to distinguish between a Death Cap and an edible mushroom; be sure not to pick any wild ones and only purchase from a reputable seller.

### Xmas Trading...

Just for your information and future planning purposes; our last official Saturday market this year will be **17 December 2016**; we will return on **14 January 2017**. Once again, this is a long 4 week break so I have negotiated with Summernats to hold an afternoon market on **Thursday 22 December 2016**, I will request numbers of attendees at a later stage.

### Strawberries anyone?

Farmer Evans was driving his John Deere tractor along the road with a trailer load of fertilizer. Tim, a little boy of eight was playing in his yard when he saw the farmer and asked, 'What've you got in your trailer?' 'Manure,' Farmer Evans replied. 'What are you going to do with it?' asked Tim... 'Put it on my strawberries,' answered the farmer. Tim replied, 'You ought to come and eat with us, we put ice-cream on our strawberries.'

#### Market Contact Details

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